

# Fairview Heights Elementary School

**Principal:** Amy Hunt

**Vice Principal:** Michael Corbett

**Administrative Assistants:** Sherry Mitchell (Main Building) & Marwa Dewidar (Annex)

**YMCA School Settlement:** Zobeida Al-Zobeidy

## Upcoming Dates:

**Dec 21-Jan 2:** Holidays

**Jan 3rd:** First Day of School  
in 2023

**Jan 17th:** School Advisory  
Council (5:30) & Parent  
Teacher Association (6:30) -  
Main Building Staff Room

**January 27th:** Family  
Literacy Day

**February:** Registration  
Month!

**February 1:** World Read  
Aloud Day

## Contacts:

**Phone:** 902-457-8953

**Website:** <https://fvh.hrce.ca/>

**Email:** [fhes@hrce.ca](mailto:fhes@hrce.ca)

Please follow us on **Twitter**  
**@FhesHeights**

Facebook; **"Fairview  
Heights Elementary School  
Families"**

## Message to Fairview Heights Families:

Welcome to 2023! We hope you enjoyed a safe and restful holiday with loved ones. We can't wait to support your child's learning and growth over the next six months!

We are hoping to have many family and community members participating in special events at school that support the academic achievement and well-being of our students in 2023. Please note the following dates for the year ahead & save the date!

- ✓ **Family Literacy Day:** January 27, 2023
- ✓ **World Read-Aloud Day:** February 1, 2023
- ✓ **Movie Night:** February 16th
- ✓ **School Concert, Bella Rose Theatre:** March 7th
- ✓ **March Break (No Classes):** March 13-17
- ✓ **Assessment & Evaluation Day (No Classes):** March 20th
- ✓ **Parent-Teacher (No Classes):** March 30th
- ✓ **Spring Fair:** May 13th

## Promoting Healthy Habits at School & Preventing Infection:

Please remember to send your child to school in weather-appropriate clothing, especially during these cold months.

Public Health Guidance on Covid-19 to support health & safety at school can be found here:

<https://backtoschool.ednet.ns.ca/public-health-guidance>



➤ **We have a new School Counsellor!**

Hello, Fairview Height's Elementary School Community!

My name is Regina Raymakers, and I am extremely excited to be able to call myself a member of the FHES family. I have been a teacher for 25 years, working in different capacities within our schools, teacher, Learning Center teacher and now school counsellor. I look forward to getting to know staff, student and the families in the community.

Thanks and see you in January,

Regina Raymakers    [RRaymakers@hrce.ca](mailto:RRaymakers@hrce.ca)

➤ **So, what do School Counsellors do?**

The traditional role of “guidance counsellor” has evolved and the professional designation of School Counsellor more accurately represents the breadth and depth of counselling programming and practices in schools, as well as the training that is required to work in this role.



As a trusted professional embedded in the school community, the school counsellor is qualified to work in therapeutic, consultative, and program capacities to comprehensively support student well-being and development, learning and achievement, and life transition and career planning.

School Counsellors are trained mental health care providers who have the training and capacity to provide direct mental health support to help support students who's needs represent some of the most common and identifiable mental health problems and disorders in society.

In addition, by way of their teaching experience, School Counsellors understand school culture and have a unique skill set that enables them to work with classroom teachers on preventative and proactive strategies.

# Family Literacy Day 2023

Family Literacy Day takes place every January 27<sup>th</sup> to raise awareness about the importance of reading and engaging in other literacy-related activities as a family.



## Building a love of reading with your child:

- ♥ Create a reading routine
- ♥ Get a library card
- ♥ Show an interest in what your child is reading
- ♥ Read e-books or listen to audio books
- ♥ Create a reading nook
- ♥ Read with friends – start a book club!
- ♥ Swap/trade books with friends
- ♥ Give books as gifts



Click on the links for more info!

## Tips for supporting your child with writing:

- ✎ Create a recipe together and write it down
- ✎ Have your child write down a grocery list
- ✎ Write a story or a song together
- ✎ Design a birthday or holiday card
- ✎ Write a letter to a friend or loved one

## Tips for supporting your child with reading:

- 📖 Read aloud to model fluent reading
- 📖 Talk about the story together. Ask questions like, "What do you think will happen next?"
- 📖 Find a favourite author and read their books
- 📖 Read signs or billboards while driving
- 📖 Read a variety of books – lots of choice!

## Tips for supporting your child with oral language development:

- 💬 Spend time doing everyday activities – actively talk, play and listen together.
- 💬 Play games!
- 💬 Share in everyday activities such as setting the table, preparing meals and grocery shopping.
- 💬 Ask open-ended questions about stories that will encourage conversation and connections to your child's life experiences.
- 💬 Talk about the messages and ideas that they are writing, drawing and creating.
- 💬 Talk about a book, favorite characters, or how the book could have ended differently.

# Guidelines for school and/or bus cancellations due to inclement weather

Nova Scotia winter weather can change quickly and can be challenging to predict. This document outlines the steps we take when deciding whether to cancel school and/or bussing.

## A 6:00 am announcement could be:

All schools are closed for the day

OR

Some schools (either individually or by family) are closed for the day

OR

All schools are open, but some or all busses are not operating for the day

OR

All schools are delayed in opening by 2 hours

If weather deteriorates, or is forecast to worsen throughout the morning

## An 11:00 am announcement could be:

Bussed students will be picked up 2 hours earlier than their regular dismissal time

AND

Walking students will be dismissed at their regularly scheduled lunch hour

### Remember:

*Parents/guardians always have the right to keep their child home from school if they believe that the travelling conditions are unsuitable.*

### How does Halifax Regional Centre for Education (HRCE) decide on school and/or bus cancellations?

By 4:30 am, HRCE staff begin to gather information from:

- A contracted weather service that provides radar and satellite imagery, real-time road conditions and weather warnings;
- A meteorologist who provides forecast details, level and type of precipitation and impact on road conditions;
- HRCE's three transportation service providers, who provide updates on road conditions in their area;
- Municipal and provincial transportation staff; and
- Other local weather services, including Environment Canada and the Weather Network.

By 5:30 am, HRCE staff make recommendations to the Regional Executive Director (or designate), who then makes the final decision.

This decision is communicated by 6:00 am.



**Halifax**  
Regional Centre for Education

Where can cancellation information be found?

Website: [www.hrce.ca](http://www.hrce.ca)

Twitter: @HRCE\_NS

Phone: 902-464-INFO (4636)

Local media outlets

Subscribe to email/text notifications at [www.hrce.ca](http://www.hrce.ca)





**JOIN THE TEAM**

# We're hiring!

Sign up for a **myHRCE** account to browse open opportunities!



Stay up to date!  
Follow us on  
Twitter & Instagram  
**@HRCE\_NS**



# FEEL THE LOVE

## Local Veggie Bundles at \$1 / lb!

The Salvation Army Halifax West Community Church  
 50 Gesner Street, Fairview  
 9:30am - 10:30am  
 January 14th, January 28  
 Cash or e-transfer

Links to register can be found at:

[facebook.com/squarerootsvcp](https://www.facebook.com/squarerootsvcp)

Registration is requested to ensure we have enough produce for everyone



*Square Roots is a social enterprise which redirects surplus farm produce to community members at an affordable rate. Visit [squarerootsfood.ca](https://www.squarerootsfood.ca) for more information.*

## FAIRVIEW FOOD PANTRY

Pantry items are for everyone!

\*Take what you need but leave some for others



\*Please check expiry dates before donating



Fairview Resource Centre  
 6 Titus St.



Al-Barakah Mosque  
 12 Hillcrest St.

Facebook: <https://www.facebook.com/Fairviewfoodpantryproject>

Instagram: @fairviewfoodpantryproject

Email and e-transfers: [fairviewfoodpantry@gmail.com](mailto:fairviewfoodpantry@gmail.com)

If you need support accessing resources or information that could support your child and family, please reach out to our Fairview Heights SchoolsPlus Outreach Worker, Melissa Caines: [mcaines@hrce.ca](mailto:mcaines@hrce.ca) or 902-483-5960. We are here to help!