

NEWSLETTER

November 2025

NOVEMBER AND REMEMBRANCE DAY

Remembrance Day holds an important place in our schools as it provides a meaningful opportunity for our students to learn about the sacrifices made by veterans and all those who have served in times of conflict. Through ceremonies, discussions and creative projects, we demonstrate respect and gratitude for the freedoms Canadians enjoy. Observing Remembrance Day also helps students connect with Canada's history and reinforces the values of peace, tolerance and community responsibility.

INDIGENOUS VETERANS DAY

Indigenous Veterans Day is an important occasion to honour the sacrifices and contributions of First Nations, Inuit and Métis peoples who have served in the Canadian Armed Forces. Recognizing this day in schools is especially significant, as it provides students with the opportunity to learn about the often-overlooked histories and experiences of Indigenous veterans. By commemorating Indigenous Veterans Day in our schools, we ensure that younger generations understand the vital role Indigenous peoples have played in defending Canada, while also promoting respect, reconciliation, and a more inclusive understanding of Canadian history. This recognition helps strengthen empathy, respect for diversity and a greater appreciation for the many ways in which Indigenous peoples have shaped our country.

REQUEST FROM THE PHYS. ED DEPARTMENT

We'd like to remind everyone that Crocs and other sandals are not recommended footwear for Physical Education class. They can cause slips and injuries during play and physical activity. Many students have been falling and having their Crocs come off of their feet during Physical Education class, which is causing safety issues. When possible, students should have rubber soled indoor sneakers, especially on Physical Education days. This helps keep our gym floors clean and safe for everyone. Thank you for your cooperation in keeping our students safe and ready to play and learn in class!

SCHOOLSPLUS FAMILY DROP-IN

On November 13th, from 5:30pm-7:30pm SchoolsPlus will host a Family Drop-in with Guests from the Youth Project. They will be here to provide an Information Sesson regarding the 2SLGBTQIA+ Community. Please see the poster below!

WARM CLOTHING

Winter is creeping in slowly and we are really feeling these cold mornings! Please ensure your child(ren) have the proper clothing for these cold days. If you do not, please reach out to fhes@hrce.ca and we will do what we can to support you!

HUNGRY FOR SOMETHING FUN? CHECK OUT THE NOVA SCOTIA SCHOOL LUNCH COOKBOOK!

Get cooking with the new cookbook What's for Lunch? Nova Scotia Recipes to Cook and Enjoy Together, a joyful collection of most-loved recipes from school food programs. Proceeds from the sale of this book go directly to supporting school healthy eating programs in Nova Scotia, such as breakfast and snack, cooking clubs and school gardens. Learn more and order yours here.

Whether you're a new cook, a young chef, or a family learning together in the kitchen, What's for Lunch? invites you to bake up a handmade pizza, create a picnic plate, make a big batch of breakfast sandwiches, or stir up some butter chicken! Each easy-to-follow recipe comes with tasty ideas for toppings, sides, and simple swaps to make it just right for you and your family.

Within its pages, you will meet some of the inspiring folks behind Nova Scotia's made-fromscratch school lunches, explore where local food ingredients come from, and discover bitesized fun facts to spark curiosity. Colourful illustrations by students at Oxford School in Halifax and beloved local illustrator Emma FitzGerald bring it all to life!

INSTAGRAM

Fairview Heights Elementary is on Instagram! Please click on this QR Code to visit our site! Or visit @Fairviewheightselem



STUDENT ATTENDANCE AND ENGAGEMENT POLICY

Learning more about the Student Attendance and Engagement Policy

Did you know? <u>The Student Attendance and Engagement Policy</u> guides our approach to attendance and is in place to support all students.

The policy states that regular, punctual attendance supports academic success, responsibility, and preparation for the future.

Ensuring regular attendance is a joint effort between students, families and schools. As a parent/guardian, you play an important role by monitoring attendance, communicating with the school when your child is absent, and supporting your child's regular attendance.

What Should You Know?

Communication about absences

- Schools will monitor attendance and lateness.
- All absences must be communicated to the school, following the school's procedure.
- If absenteeism or lateness reaches 10% of class time, the school will begin to engage more actively with the student and family.
- If it goes beyond 15%, more targeted supports may be used (counselling, referrals, community supports).

What Can You Do?

- Monitor and encourage punctual, consistent attendance
- Maintain open communication with the school when absences or challenges arise
- Work with school staff to understand supports or accommodations for your child
- Be aware of the thresholds (10%, 15%) and possible consequences (intervention, loss of credit in high school)
- Remember: the policy allows flexibility. If your child has a legitimate reason for missing school (health, family issue, etc.), schools are encouraged to take a supportive approach.

LOIUS RIEL DAY

Louis Riel day is November 16th. It is the day Louis faced consequences for treason. While we don't celebrate Louis Riel here in the Maritimes, there is a Halifax connection. The public gardens has a plaque at the gates that most people see but probably do not make a connection to the Metis. The story actually impacts one of our staff member's family directly involving her 3x great grandmother, Marianne Morrissette (Ledoux). Marianne was in Batoche the day General Middleton and his party opened fire on Metis families in 1885. Marianne was saved by her cousin Louis Riel when he pushed her out the window to run off into the hills with other women and children. Marianne was 16 at the time.

There are a several other Red River Metis who live in Halifax and we are all keenly aware of this plaque. Our staff member's cousins, Jesse and Jerry Thistle worked on a project for Graphic History. While this is a heavy topic, it can still be used as a teaching tool for those interested – especially for upper elementary kids.

UPCOMING EVENTS

November 5th - SAC @ 5:30 and PTA

November 8th - Ingigenous Remembrance Day

November 10th - School Picture Retake Day

November 11th - Remembrance Day - No School

November 13th - Fairview Family Drop-in by School's

Plus 5:30pm-7:30pm (Info Session from The Youth

Project regarding the 2SLGBTQIA+ Community)

November 16th - Louis Riel Day

November 21st - Assessment and Evaluation Day - No

School

December 1st - Report Cards home to Families (via email)

December 3rd - Progress Conference Evening (Parent-Teacher) 5:00pm - 7:00pm

December 3rd - Professional Practice Day and Progress Conferences (Parent-Teacher) afternoon and evening 1:00pm-3:00pm (No School)

December 19th - Last day of school before holiday break December 22nd - Teacher Professional Practice Day **(No School)**

LUNCH PROGRAM

The Lunch Program is going REALLY WELL! Don't forget to order for your littles! Please visit https://nslunch.ca/

SCHOOL STARTS AT 8:05 AM

This is just a friendly reminder that the bell to enter rings at 8:05am. Please have your child(ren) on time at the beginning day as routines are valuable!

Hosted by SchoolPlus



Fairview Family Drop In!

When: Nov13th5:30-7:30pm

Where: Gym, Main Building

What: Rainbow Club Info session

Special Guests - The Youth Project for 2SLGBTQIA+ youth!

A non-profit organisation dedicated to providing support and services to youth, 25 & under, around issues of sexual orientation & gender identity.

Please see attached Flyer for further details

Rainbow Club Information Flyer

What's Happening?

Join us for a special session introducing our school's Rainbow Club! We'll explore what it means to create an inclusive, welcoming school where everyone can be themselves.

Event Overview

What: Rainbow Club Presentation, Mock Session & Q&A
When: November 13, 2025, 5:30pm - 7:30pm

Where: Fairview Heights Elementary

Who's Invited: All students and staff — everyone is welcome, including allies!

Special Guest: The Youth Project - for 2SLGBTQIA+ youth!

A non-profit organisation dedicated to providing support and services to youth, 25 & under, around issues of sexual orientation & gender identity.

- Brief Presentation: Learn what a Rainbow Club is and why it matters.
- Mock Rainbow Club Session: Experience a typical meeting with fun activities
- Showcase: See slides highlighting what other schools are doing to celebrate inclusion.
- Book Readings: Hear short readings from books that explore identity and belonging.
- Q&A Discussion: Ask questions and share ideas on how we can make our school even more inclusive.